

# ELEGANT WELLNESS INSTITUTE TRAINING ACADEMY

# 36 State Road, President Park

Elegant W Midrand's Thai Spa Discover S 1069 183 4459 ce Elegance

# COURSE LIST

2024

# OVERVIEW

Elegant Wellness Institute Training Academy offers training with Approved Private Providers of Educational and Training Development (APPETD) and Sector Education and Training Authorities (SETA) Certification and Accreditation.

Find our certification here.

The courses we offer cover various beauty-care and massage disciplines as follows:

# NAIL CARE

# FULL ACRYLIC NAIL COURSE

- Full Acrylic overlay
- Full French overlay
- Ombre French overlay
- Sculpturing French Overlay
- Colour overlay

#### Duration:

1 month + Kit included

(R6500)

### ACRYLIC COURSE

- French Overlay
- Sculpturing overlay
  Colour Overlay
  Colour Overlay
- Colour Overlay

Duration: SCO 5 Days + Kit included Embrace Eleganc (R 3500)

### ACRYLIC POLY GEL COURSE

- Overlay
- Sculpture

Duration: 5 Days + Kit included

(R 3200)

# ACRYLIC & ART COURSE

- Overlay + Art
- Colour Overlay +Art
- Sculpturing + Art

| Duration:  | 7 Days +Kit included                | ( R 4500 ) |  |
|--|-------------------------------------|------------|--|
| FULL GEL COUR<br>Full Gel Ove<br>Full French<br>Ombre Over<br>Sculpturing<br>Colour Over                                     | erlay<br>Overlay<br>rlay<br>Overlay |            |  |
| Duration:  | 1 Month + Kit Included              | (R6000)    |  |
| GEL COURSE<br>Gel Polish<br>Gel Bulder<br>Gel French   | Colour                              |            |  |
| Duration:  | 7 Days + Kit Included               | (R 5000)   |  |
| GEL & ART + HARDNER<br>• Gel Polis<br>• Gel + Hardener<br>• Gel + Acrylic Overlay<br>Duration: 7 Days + Kit Included (R4500) |                                     |            |  |
| SILK & FIBRE C   | OURSE                               |            |  |

(R 3500)

- Overlay
- Silk Overlay Application
- Fiber Application

#### Duration: 5 Days + Kit included

# MANICURE & PEDICURE COURSE

- Manicure preparation
- Pedicure Preparation
- Polish Application

• After Care

| Duration:   | 7 Days + Kit Included  | ( R 4500 ) |  |
|---|------------------------|------------|--|
| WAXING COURS  | E (ADVANCED)           |            |  |
| <ul> <li>Arm Waxing</li> <li>Leg Waxing</li> <li>Eyebrow Wa</li> <li>Chest Waxing</li> <li>Back Waxing</li> </ul> | axing<br>ng            |            |  |
| Duration:   | 10 Days + Kit Included | ( R 6500 ) |  |
| FACIAL COURSE     Acne Remove     Facial Treate     Skin Anapsy   | ver<br>ment            |            |  |
| <ul><li>Skin Anansy</li><li>Anti-Aging</li><li>Deep Cleanse</li></ul>   |                        |            |  |
| Duration:   | 14 Days + Kit Included | ( R 6500 ) |  |
| MAKE UP COURSE ant Wellness Thai Spa  |                        |            |  |
| <ul> <li>Occasion Ma</li> <li>Stage Make</li> <li>Evening Ma</li> <li>Bride Makeu</li> <li>Scar Makeu</li> </ul>  | keup<br>Jp             |            |  |
| Duration:   | 14 Days + Kit Included | ( R 6500 ) |  |
| 13. EYELASHES   | APPLICATION            |            |  |
| <ul> <li>Single Lash</li> <li>Advanced Lash</li> <li>Classic Lash</li> </ul>                                      | ashes                  |            |  |

Hybrid Lashes

# Duration: 7 Days + Kit included

# (R 5500)

# EYE BROW TINT & SHAPING COURSE

- Eye Brow Shap
- Eye Brow Tint + Advanced
- Eye Brow Wax & Tint
- Eye Brow Wax & Tint

## Duration: 5 Days + Kit included

(R 3500)



# MASSAGE THERAPY COURSES

# THAI MASSAGE FULL COURSE

- Traditional Thai Massage
- Thai Aroma Therapy
- Full Stretching System
- Advanced Thai Whatpoo

**Duration:** 1 month + NO Kit

# THAI AROMA THERAPY COURSE

- Oil Application
- Thai technique System
- Thai Stretching
- Thai Position & Balance

**Duration:** 

15 Days + NO Kit

(R 6000)

(R4000)

(R7000)

# INDIAN HEAD & SHOULDER MASSAGE COURSE

- Position
- Application
- Technique
- **Duration:**

int Wellness Thai Spa 4 Days + NO Kit Discover Serenity, Embrace Elegance

# **17. FOOT REFLEXOLOGY COURSE**

- Position
- Application
- Foot Chart of Reflexology
- Pressure Points (TCM)
- Organ Connections

Duration: 5 Days + NO Kit (R4500)

#### **BASIC MASSAGE COURSE**

- Full Body Massage
- Position
- Technique
- Deep Tissue
- Hot Stone
- Hijama (Dry) Cupping

Duration:

#### 1 Month + Kit Included

(R7500)

#### SHIATSU JAPANESE INCANT ACUPRESSURE MASSAGE

- Position
- Application
- Body Movement
- Steps & Movement

Duration:

15 Days NO Kit Included

(R6500)

# **CERTIFIED TRAINING REGISTRATION**

**Note:** Download & Print the Registration Form. Please fill in \* All requested information accurately, as EWITA cannot be held responsible should the provided information be incorrect, affecting the legitimacy of your certification.

- Provide recent Passport photos (X 2)
- Theory & Practical Exam Results (EWITA will provide your credits)
- 50% Advance Payment of Course Fees with Registration

**Certification Processing & Registration Fees (R 500)** 

Contact Details Mobile & WhatsApp: +27 69 183 4459

**Contact Details Email:** 

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Account Details: Contact us for our banking account details

